



CHEFSHARE

ChefShare is an initiative to celebrate the diversity and talent of chefs while gifting a resource through sharing. We will accept culturally diverse, tasty recipes that can be easily prepared and adapted to suit IDDSI levels 4,5 and 6 (www.iddsi.org) to offer the best dining experience where swallowing difficulties exist.

Collaboration and sharing of recipes will support those working in social care and carers in the community, who may be looking for meal-time inspiration during difficult times.

Thank you for sharing your recipes: chefshare@eatingwithdignity.org